

## Aspirations 18+ Activities



### Booking Form April 2018

It is important that you complete and return this form as soon as possible to secure a place. This can be done either via post to ASGMA, 1114 Chester Road, Stretford M32 0HL, in person or by e-mail to [admin@asgma.org.uk](mailto:admin@asgma.org.uk).

Name of member	
Name of carer completing this form (if relevant)	
Member/Carer Phone Number	

Please note:

Once you have booked onto an activity, you will be charged for this place unless we receive notice of cancellation at least 2 weeks prior to the date of the activity. This can be done either by calling 0161 866 8483 or emailing [admin@asgma.org.uk](mailto:admin@asgma.org.uk)

Once you have booked onto an activity, we will only contact you if the activity is oversubscribed and we cannot offer you a place.

Thank you to everyone who has renewed their membership. If you have not yet renewed it, please note that you will not be allowed to book onto activities until you have done this.

Day / Date	Activity	Activity Cost	To book on the activity, tick below
Wednesday 4 <sup>th</sup> April 2018	18+ Gym and Swim	£22.50	
Wednesday 4 <sup>th</sup> April 2018	18+ Drop in	£20.50	
Thursday 5 <sup>th</sup> April 2018	16+ Gaming Group	£20	
Friday 6 <sup>th</sup> April 2018	18+ Friday Group – Lunch at Nandos	£26.50	
Saturday 7 <sup>th</sup> April 2018	All Ages Football	£22	
Saturday 7 <sup>th</sup> April 2018	18+ Big Day out – Knowsley Safari Park	£81	
Monday 9 <sup>th</sup> April 2018	18+ Cooking Group	£32	
Wednesday 11 <sup>th</sup> April 2018	18+ Gym and Swim	£22.50	
Wednesday 11 <sup>th</sup> April 2018	18+ Drop in – with Bingo	£20.50	
Thursday 12 <sup>th</sup> April 2018	16+ Gaming Group	£20	

<b>Day / Date</b>	<b>Activity</b>	<b>Activity Cost</b>	<b>To book on the activity, tick below</b>
Thursday 12 <sup>th</sup> April 2018	All Ages Girls Group – DVD Takeaway Night	£25.50	
Friday 13 <sup>th</sup> April 2018	18+ Friday Group – Bury Transport Museum, Lunch at Café Bury Market	£26.50	
Monday 16 <sup>th</sup> April 2018	18+ Cooking Group	£32	
Wednesday 18 <sup>th</sup> April 2018	18+ Gym and Swim	£22.50	
Wednesday 18 <sup>th</sup> April 2018	18+ Drop in	£20.50	
Thursday 19 <sup>th</sup> April 2018	16+ Gaming Group	£20	
Thursday 19 <sup>th</sup> April 2018	18+ DVD Takeaway Night	£20	
Friday 20 <sup>th</sup> April 2018	18+ Friday Group – Affleck's Palace and lunch at Pieminister	£26.50	
Saturday 21 <sup>st</sup> April 2018	All Ages Football	£22	
Saturday 21 <sup>st</sup> April 2018	16+ Activity – Meal at EST EST EST	£26	
Monday 23 <sup>rd</sup> April 2018	18+ Cooking Group	£32	
Tuesday 24 <sup>th</sup> April 2018	18+ Pub Night	£21.50	
Wednesday 25 <sup>th</sup> April 2018	18+ Gym and Swim	£22.50	
Wednesday 25 <sup>th</sup> April 2018	18+ Drop in – food theme: Sausages and Mash	£25.50	
Thursday 26 <sup>th</sup> April 2018	16+ Gaming Group	£20	
Friday 27 <sup>th</sup> April 2018	18+ Friday Group – Bowling and lunch at Dog Bowl	£33.50	
Sunday 29 <sup>th</sup> April 2018	18+ Walking Group	£37	
Monday 30 <sup>th</sup> April 2018	18+ Cooking Group	£32	

## Aspirations 18+ Activities



### Booking Form May 2018

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Name of member	
Name of carer completing this form (if relevant)	
Member's Phone Number	

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Thank you to everyone who has renewed their membership. If you have not yet renewed it, please note that you will not be allowed to book onto activities until you have done this.

Day / Date	Activity	Activity Cost	To book on the activity, tick below
Wednesday 2 <sup>nd</sup> May 2018	18+ Gym and Swim	£22.50	
Wednesday 2 <sup>nd</sup> May 2018	18+ Drop in	£20.50	
Thursday 3 <sup>rd</sup> May 2018	16+ Gaming Group	£20	
Friday 4 <sup>th</sup> May 2018	18+ Friday Group – lunch at Wagmamas	£26.50	
Saturday 5 <sup>th</sup> May 2018	All Ages Football	£22	
Saturday 5 <sup>th</sup> May 2018	18+ Big Day out – Bradford via Train	£58	
Wednesday 9 <sup>th</sup> May 2018	18+ Gym and Swim	£22.50	
Wednesday 9 <sup>th</sup> May 2018	18+ Drop in	£20.50	
Thursday 10 <sup>th</sup> May 2018	16+ Gaming Group	£20	
Thursday 10 <sup>th</sup> May 2018	All Ages Girls Group – Cinema and Tea at the Trafford Centre	£25.50	

Day / Date	Activity	Activity Cost	To book on the activity, tick below
Friday 11 <sup>th</sup> May 2018	18+ Friday Group – The Whitworth Art Gallery and curry lunch	£26.50	
Monday 14 <sup>th</sup> May 2018	18+ Cooking Group	£32	
Wednesday 16 <sup>th</sup> May 2018	18+ Gym and Swim	£22.50	
Wednesday 16 <sup>th</sup> May 2018	18+ Drop in	£20.50	
Thursday 17 <sup>th</sup> May 2018	16+ Gaming Group	£20	
Thursday 17 <sup>th</sup> May 2018	18+ DVD Takeaway Night	£20	
Friday 18 <sup>th</sup> May 2018	18+ Friday Group – Lunch at Zi Zi's Italian	£26.50	
Saturday 19 <sup>th</sup> May 2018	All Ages Football	£22	
Saturday 19 <sup>th</sup> May 2018	16+ Activity – Dino Golf	£34	
Monday 21 <sup>st</sup> May 2018	18+ Cooking Group	£32	
Wednesday 23 <sup>rd</sup> May 2018	18+ Gym and Swim	£22.50	
Wednesday 23 <sup>rd</sup> May 2018	18+ Drop in	£20.50	
Thursday 24 <sup>th</sup> May 2018	16+ Gaming Group	£20	
Friday 25 <sup>th</sup> May 2018	18+ Friday Group – Junk Yard Golf and Lunch	£36	
Sunday 27 <sup>th</sup> May 2018	18+ Walking Group	£37	
Tuesday 29 <sup>th</sup> May 2018	18+ Pub Night	£21.50	
Wednesday 30 <sup>th</sup> May 2018	18+ Gym and Swim	£22.50	
Wednesday 30 <sup>th</sup> May 2018	18+ Drop in – food theme: Pizza and Garlic Bread	£25.50	
Thursday 31 <sup>st</sup> May 2018	16+ Gaming Group	£20	

## Aspirations 18+ Activities Booking Form June 2018

It is important that you complete and return this form as soon as possible to secure a place. This can be done either via post to ASGMA, 1114 Chester Road, Stretford M32 0HL, in person or by e-mail to [admin@asgma.org.uk](mailto:admin@asgma.org.uk).

Name of member	
Name of carer completing this form (if relevant)	
Member's Phone Number	

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Day / Date	Activity	Activity Cost	To book on the activity, tick below
Friday 1 <sup>st</sup> June 2018	18+ Friday Group – Lunch at Buffet City	£26.50	
Saturday 2 <sup>nd</sup> June 2018	All Ages Football	£22	
Saturday 2 <sup>nd</sup> June 2018	18+ Big Day out – Morecambe	£55	
Monday 4 <sup>th</sup> June 2018	18+ Cooking Group	£32	
Wednesday 6 <sup>th</sup> June 2018	18+ Gym and Swim	£22.50	
Wednesday 6 <sup>th</sup> June 2018	18+ Drop in	£20.50	
Thursday 7 <sup>th</sup> June 2018	16+ Gaming Group	£20	
Friday 8 <sup>th</sup> June 2018	18+ Friday Group – Cinema and Lunch at Arndale Food Court	£26.50	

<b>Day / Date</b>	<b>Activity</b>	<b>Activity Cost</b>	<b>To book on the activity, tick below</b>
Monday 11 <sup>th</sup> June 2018	18+ Cooking Group	£32	
Wednesday 13 <sup>th</sup> June 2018	18+ Gym and Swim	£22.50	
Wednesday 13 <sup>th</sup> June 2018	18+ Drop in	£20.50	
Thursday 14 <sup>th</sup> June 2018	16+ Gaming Group	£20	
Thursday 14 <sup>th</sup> June 2018	All Ages Girls Group – DVD Takeaway Night	£25.50	
Friday 15 <sup>th</sup> June 2018	18+ Friday Group – Barlow Croft Carvery	£26.50	
Saturday 16 <sup>th</sup> June 2018	All Ages Football	£22	
Saturday 16 <sup>th</sup> June 2018	16+ Activity – Meal at Giraffe	£26	
Monday 18 <sup>th</sup> June 2018	18+ Cooking Group	£32	
Wednesday 20 <sup>th</sup> June 2018	18+ Gym and Swim	£22.50	
Wednesday 20 <sup>th</sup> June 2018	18+ Drop in	£20.50	
Thursday 21 <sup>st</sup> June 2018	16+ Gaming Group	£20	
Thursday 21 <sup>st</sup> June 2018	18+ DVD Takeaway Night	£20	
Friday 22 <sup>nd</sup> June 2018	18+ Friday Group – Heaton Park and Picnic	£26.50	
Sunday 24 <sup>th</sup> June 2018	18+ Walking Group	£37	
Monday 25 <sup>th</sup> June 2018	18+ Cooking Group	£32	
Tuesday 26 <sup>th</sup> June 2018	18+ Pub Night	£21.50	
Wednesday 27 <sup>th</sup> June 2018	18+ Gym and Swim	£22.50	
Wednesday 27 <sup>th</sup> June 2018	18+ Drop in – food theme: Alice in Wonderland Tea Party	£25.50	
Thursday 28 <sup>th</sup> June 2018	16+ Gaming Group	£20	
Friday 29 <sup>th</sup> June 2018	18+ Friday Group – Lunch at All Bar One	£26.50	

## Aspirations 18+ Activities Consent Form April – June 2018



The purpose of this form is for you to book and give consent to take part in Aspirations activities during April, May and June 2018. To ensure that our database records are accurate, we are also requesting confirmation of contact details and medical conditions.

It is essential that you complete and return this form as soon as possible. This can be done either via post to ASGMA, 1114 Chester Road, Stretford M32 0HL, in person or by e-mail to [admin@asgma.org.uk](mailto:admin@asgma.org.uk).

Name of member			
Name of carer if relevant			
Address			
Home telephone number		Mobile number	
Emergency contact name		Emergency contact number	
Date of birth			
Medical conditions / medicines currently being taken			
Please confirm that you consent to take part in Aspirations 18+ Activities during the period April, May and June 2018.			Yes No
We use images of our activities in a range of materials to promote ASGMA as a whole and to illustrate particular areas of our work. This includes (but is not limited to) leaflets, posters, newsletter articles, our website, Facebook, Twitter and YouTube.			
Please confirm that you consent to ASGMA taking photographs of you and for these to be used as detailed.			Yes No
Signed:			Date:
Relationship to the above-named adult (if appropriate):			